



PART II: THE TEN COMMANDMENTS

2) **THE TEN COMMANDMENTS** - The purpose of reviewing the Ten Commandments is to assist us in a return to morality by reviewing the kinds of sins that may have unknowingly crept into our lifestyle. The Catechism of the Catholic Church does an excellent job to recall those areas of sin that may have been forgotten since our youth due to the permissive culture we live in. It will also broaden our understanding of those related areas which will help us in our desire to live a life of holiness. Weekly prayer cells study one Commandment per month, covering as little or as much as the leader or group determines over the 4-5 week period. Monthly cells may take 2-3 years to cover the Commandments. Read and discuss at your own pace.

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| 1. THE TEN COMMANDMENTS | # 2052 - 2082 |
| 2. THE FIRST COMMANDMENT | # 2084 - 2141 |
| 3. THE SECOND COMMANDMENT | # 2142 - 2167 |
| 4. THE THIRD COMMANDMENT | # 2168 - 2195 |
| 5. THE FOURTH COMMANDMENT | #2196 - 2257 |
| 6. THE FIFTH COMMANDMENT | # 2258 – 2330 |
| 7. THE SIXTH COMMANDMENT | # 2331 – 2400 |
| 8. THE SEVENTH COMMANDMENT | # 2401 – 2463 |
| 9. THE EIGHTH COMMANDMENT | # 2464 – 2513 |
| 10. THE NINTH COMMANDMENT | # 2514 – 2533 |
| 11. THE TENTH COMMANDMENT | # 2534 – 2557 |
| 12. THE COMMANDMENTS OF THE CHURCH:
The Church, Mother and Teacher | # 2030 – 2051 |

PART III: “CALLS” FROM THE MESSAGE OF FATIMA

3) **“CALLS” FROM THE MESSAGE OF FATIMA** – Sr. Lucia’s last book on the practical application of the Message of Fatima. Like the Ten Commandments, weekly prayer cells cover one chapter, or “Call”, per month, dividing other parts of the book according to whatever form will assist the group in making steady progress through the book. Monthly prayer cells will need to take considerable amount of time to study the entire book. Determine a comfortable pace and set forth the amount of pages to be covered accordingly.

Preliminary Note, Preface, and Introduction (optional)

PART ONE: IN THE PRESENCE OF GOD

1. The three little shepherd children and their families
2. The Guardian Angel

PART TWO: CALLS FROM THE MESSAGE OF FATIMA

3. The Call to Faith
4. The Call to Adoration
5. The Call to Hope
6. The Call to love God

7. The Call to Forgiveness

8. The Call to Prayer

9. The Call to Sacrifice

10. The Call to share in the Eucharist

11. The Call to intimacy with the Most Holy Trinity

12. The Call to the daily recitation of the Rosary

13. The Call to devotion to the Immaculate Heart of Mary

14. The Call to reflect on eternal life

15. The Call to the Apostolate

16. The Call to persevere in virtue
17. The Call to stop offending God
18. The Call to the sanctification of the family
19. The Call to perfection in the Christian life
20. The Call to a life of total consecration to God
21. The Call to holiness
22. The Call to follow the road to Heaven

PART THREE: THE TEN COMMANDMENTS

23. Knowledge of God
24. You shall adore the true God and Him alone
25. You shall not take the name of the Lord, your God, in vain
26. Remember to keep holy the sabbath day
27. Honour your father and your mother
28. You shall not kill
29. You shall not commit adultery
30. You shall not steal
31. You shall not bear false witness against your neighbor
32. You shall not covet your neighbour's wife
33. The Commandments are summed up in charity

PART FOUR: THE ROSARY

34. A remarkable and powerful prayer
35. Contemplation of the Joyful Mysteries
 - First Joyful Mystery: The Annunciation
 - Second Joyful Mystery: The visit of Our Lady to St. Elizabeth
 - Third Joyful Mystery: The Birth of Jesus Christ
 - Fourth Joyful Mystery: The Presentation of Jesus in the Temple
 - Fifth Joyful Mystery: The prayer of Jesus in the temple of Jerusalem
36. Contemplation of the Sorrowful Mysteries
 - First Sorrowful Mystery: The prayer of Jesus in the Garden of Olives
 - Second Sorrowful Mystery: Jesus is taken prisoner
 - Third Sorrowful Mystery: Jesus is scourged and crowned with thorns
 - Fourth Sorrowful Mystery: Jesus carries His cross to Calvary
 - Fifth Sorrowful Mystery: Jesus dies on the cross
37. Contemplation of the Glorious Mysteries
 - First Glorious Mystery: The Resurrection of Jesus
 - Second Glorious Mystery: The Ascension of Jesus into Heaven
 - Third Glorious Mystery: The Descent of the Holy Spirit
 - Fourth Glorious Mystery: The Assumption of Our Lady into Heaven
 - Fifth Glorious Mystery: The Coronation of Our Lady in Heaven

PART IV: ANY APPROVED FATIMA MATERIAL

4) Any Approved Fatima Material – Once these first three prayer/study cells have been formed on an on-going basis, a fourth type of prayer/study cell is begun. The leader or group is free to choose from a variety of materials and books that are available from the World Apostolate of Fatima U.S.A., or approved Church sources. These formation sources should be in keeping with the “Theological Principles of the World Apostolate of Fatima Apostolate” as found in Part 5 of the World Apostolate of Fatima USA Manual, esp. those recommended in # 6-8 (submitted by Bshp. Constantino Luna OFM):

6 The means which the World Apostolate of Fatima proposes in order to attain the objectives set forth above are those which the Blessed Virgin expressly requested at Fatima, namely: *Frequent prayer concretized in a special manner in the daily recitation of the Rosary and of the prayers taught by the angel, as well as those taught by the Mother of God; Penance expressed above all in the submissive acceptance of “the sufferings which the Lord will send” and in the fulfillment of one’s duties each day in order to promote a more intimate unity between the faith of the members and their everyday life as recommended by Vatican II. Consecration to the Immaculate heart of Mary as understood and lived in the light of the **Apostolic Exhortation Signum Magnum** by Paul VI (5/13/67) and of the **texts of the consecration used by Pius XII** (10/31/42 & 7/7/52) and by **JohnPaul II** (5/13/82 in Fatima and 3/25/84 in Rome).*

7 Toward knowledge and explanation of the objectives and of the means set out above, together with its own proper nature and of the **history and message of Fatima**, the Blue Army will promote as periodically as possible **seminars, courses, recollections and retreats**. It will also publish **books, magazines**, radio and television programs, destined especially for members. In all these activities, the Blue Army will seek to situate the reading of the message of Fatima within **biblical revelation** and the **teachings of the Ecclesiastical Magisterium**, namely, of the **great Marian dogmas** (Divine Maternity, Perpetual Virginity, Immaculate Conception and Assumption), as well as the principal truths solemnly proposed by Vatican II: “Mary, Mother of the Church,” “Mary, type and model of the Church,” “Mary, singulare and eminent member of the Church.”

8 *In order to carry out these activities the Blue Army will promote, as much as possible, the **formation of members specialized in the knowledge of Catholic Mariology, particularly in the history and message of Fatima**, and further in the use of the modern means of social communication.*